



FIRST THINGS FIRST

Navajo/Apache Regional Partnership Council

April Outreach Report



Summit Healthy Steps Site Tour

The little cherub in the photo to the left stole the show at the Summit Healthy Steps site tour on April 10. While her mom shared with attendees how the Healthy Steps program has increased her confidence as a mother and provided an important service to her family, her adorable baby made rounds around the room, connecting with Ron McArthur (CEO at Summit Regional Medical Center), Rhian Evans-Allvin (FTF CEO), our own Kate and everyone she could get to! We heard from Abe Martinez about collaboration with McDonald's, Ron McArthur about Summit and Healthy Steps, a few words from Rhian, toured the Summit mobile medical unit and ate lunch while networking and discussing Early Childhood Development.



Radio interview with Barbara Bruce and Rhian Evans-Allvin

Barbara Bruce and Rhian hit it off before the radio interview and we all had fun chatting a while before this interview that aired Sunday morning, April 14.



Fairy Tale Day at North Country Health Care Healthy Steps

This fun event took place during the Week Of The Young Child. People working at the event dressed as Fairy Tale characters and provided services and information to Families in the community.

Summit Healthy Steps Carnival

Kate and Kat were able to attend and host this wonderful carnival with petting zoo and awesome cardboard train (what a great teaching tool for using imagination and readily available materials)





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Photo: goodenoughmother.com

Overgaard Lion's Club

This was a great presentation. The Lions are eager for information and ideas on how to collaborate with programs that help children. Richard Sawyer (Lion's Club International Director 2009-2011) extended an invitation to have FTF present a session at the November Mid-Year Leadership Conference!

Upcoming...

Did you know

Consistent, positive interactions with parents, families and caregivers are key to a child's healthy brain development.

April is Child Abuse Prevention Month – here are some ways to support parents and kids and reduce the stress that can lead to abuse and neglect:

<http://www.pcaaz.org/resources>

4/27/2013 Summit Women's Health Clinic and Health Fair and Show Low FD and Lakeside PD Drug Take-back

5/4/2013 Bike Rodeo and Scout-o-Rama at BRES

5/15/2013 2nd annual Family Fun and Fitness Night at the Hulet Elementary School in Holbrook

5/27/2013 Memorial Day Parade in Concho

6/1/2013 Summit Regional Medical Center Health and Resource Fair